

SMALL THINGS BIG DIFFERENCE

24 sept
2017

ONEthought | week 2
oneword – **thoughts** – words – habits

Thought Audit

Worried	1 2 3 4 5 6 7 8 9 10	Peaceful
Negative	1 2 3 4 5 6 7 8 9 10	Positive
Worldly	1 2 3 4 5 6 7 8 9 10	Eternal

Talking through the message during the week helps us turn what God is saying to us into action steps. Here are some questions and scriptures to extend the conversation.

Main Idea

Change your thinking by capturing destructive thoughts and then fixing your thoughts on spiritual things.

Key Questions

Read **Romans 12:1-2**

- What (words, phrases, images) stand out to you in this passage?
- What are some of the things that squeeze you into the world's way of thinking?
- What does it mean to have your thinking transformed?
- What's your one thought?
How might your one thought relate to your one word?

Read **2 Corinthians 10:3-5** and **Philippians 4:8-9**

- What (words, phrases, images) stand out to you?
- What destructive thoughts do you need to capture?
- How have your destructive thoughts affected you?
- What do you think might be the cause of your destructive thoughts?
- What are we to destroy? What do we often destroy instead?
- What does it mean to take captive every thought? How?
- What kind of difference have you seen in your life when you focus your thoughts on spiritual things instead of destructive thoughts?
- How do you remind yourself to live out these passages?
- What stops you from the focus that **Philippians 4:8-9** describes?
- What ministry opportunities do you see around you?
Which ones do you feel called to act upon?

Next Steps

- What small step will you take each day this week to fix your thoughts on God things?
- How will you live this out? How will you counter the negative thoughts that will try to stop you?"

Reading The Bible Together

Get to know the Bible better and you'll get to know God better. We are reading the Gospel of Mark together, 1 chapter a day. This week we are reading **Mark 11-15**. Take steps to focus on the small things and live out your **one** word by reading and reflecting on these chapters.

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