

<p>becoming relationally alive</p>		<p>14 May</p>
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spiritually | physically | **relationally** | emotionally | financially

<p>key passages Genesis 13:8-9 Habakkuk 2:4 Mark 7:20-23 Philippians 1:27-2:5, 3:20-21, 4:2 1 John 1:7</p>
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Talking through the biblical text during the week helps turn what God is saying into action steps. Here are some questions to start.

- What questions and comments do you have about the sermon and supporting texts?
- This week we are looking at becoming **Fully Alive: relationally**. What does this look like for you? What are some signs that you are **fully alive** relationally; or struggling relationally?
- What have you done in the last week that has helped you become more **fully alive** in an area(s) of your life?

Read **Philippians 1:27-2:5, 4:2**

- Relationships can be destroyed by selfishness and by empty opinion. In what way(s)? Why do we sometimes or often fall into these traps?
- Are there limitations on the types of relationship that Paul talks about here, or do these truths apply to all relationships? Why or why not?
- Relationships are **HEAL**ed by:
 - **H** – **Hold** on to the gospel
 - **E** – **Embrace** your new citizenship
 - **A** – **Accept** the love of God
 - **L** – **Live** according to the example of Jesus
- **Hold**: Why is the gospel so central to being **fully alive**?
- Bruxy Cave, in **(re)union** describes the gospel:
 - in **one** word: *Jesus*.
 - in **three** words: *Jesus is Lord*.
 - in **thirty** words: *Jesus is God with us, come to show us God's love, save us from sin, set up God's Kingdom, and, shut down religion, so we can share in God's life*.
- What are the implications of these definitions/descriptions for relationships?
- **Embrace**: Why is it so important to know who we are in Christ in order to be fully alive relationally? Why do we sometimes compartmentalize relationships as something apart from being in Christ?
- **Accept**: What does it mean to accept the love of God? How does this impact or shape our relationships?
- **Live**: What are you going to do this week to live out Jesus's example?
- What connections do you see between being **relationally** healthy and being **spiritually, physically, and emotionally** healthy?