

# SMALL THINGS BIG DIFFERENCE

1 oct 2017

**ONE** thought | week 3  
one word – thoughts – **words** – habits

## Word Audit

### Life Taking Words

Others	1	2	3	4	5	6	7	8	9	10
Self	1	2	3	4	5	6	7	8	9	10

### Life Giving Words

Talking through the message during the week helps us turn what God is saying to us into action steps. Here are some questions and scriptures to extend the conversation.

### Main Idea

If you want to change the way you live, change the words you speak.

### Key Questions

Read **Proverbs 18:21**

- What (words, phrases, images) stand out to you in this passage?
- How have you been affected by **life-taking** and **life-giving** words spoken to you?
- How has your speaking **life-taking** and **life-giving** words hurt or built up others?
- Do you tend to speak more **life-taking** or **life-giving** words to yourself? Why? Explain.
- What is your one statement? How might it relate to your one word and/or your one thought?

Read **James 3:3-5**, **Ephesians 4:29**, **Proverbs 16:24**, and **Proverbs 15:4**.

- What (words, phrases, images) stand out to you in these passages?
- Which of these passages resonates most with you? In what way?
- How have you seen your **words** affect your actions and beliefs?
- What can you do to guard your heart against **life-taking** words when they are spoken to you?
- In what situations do you find it most difficult to speak **life-giving** words to others? To yourself?
- What **life-giving** words do you need to speak most often to yourself?
- Is there someone you need to speak some **life-giving** words to?

### Next Steps

- What steps do you need to take to ensure you start speaking more **life-giving** words, to yourself and to others?

### Reading The Bible Together

Get to know the Bible better and you'll get to know God better. We are reading the Gospel of Mark together, 1 chapter a day. This week we are finishing up with **Mark 16**. Take steps to focus on the small things and live out your **one** word by reading and reflecting on these chapters.

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