

SMALL THINGS BIG DIFFERENCE

8 oct 2017

ONE thought | week 4
oneword – thoughts – words – **habits**

Talking through the message during the week helps us turn what God is saying to us into action steps. Here are some questions and scriptures to extend the conversation.

Main Idea

Discipline is choosing between what you want now and what you want most.

Key Questions

- What is the one thing you want most?
- Pastor Mike said that “*Discipline is simply choosing between what we want now and what we want most.*” Agree/disagree? Why? Why is the choosing so important? How do you move from making that choice to choose what you want most, to actually taking a step as a result of that choice?
- Where in life are you most lacking in discipline? How has that affected you?
- What do you need to do now to have what you want most?

Read Romans 7:15-25, 1 Corinthians 9:24-27, Hebrews 12:1

- What (words, phrases, images) stand out to you in this passage?
- A keystone habit is a habit that influences a lot of other things in your life. What is one or some of your keystone habits?
- Which keystone habit(s) might you need to start?
- What things might hinder you from being disciplined?
- What do you need to do to address these distractions?
- How could your one word, one thought, or one statement help you to become more disciplined?
- “*you are what you repeatedly do.*” How have you experienced the truth of this statement?

Next Steps

- What is your first step to do the one thing you need to do **now** to have what you want **most**?

Reading The Bible Together

Get to know the Bible better and you’ll get to know God better. This week we are staring into the Gospel of Luke together, 1 chapter a day. Take steps to focus on the small things and live out your **one** word by reading and reflecting on these chapters.