

# He is Risen

Easter – He is Risen

21 April 2019

## Key Scriptures

Luke 12:22-31  
Romans 8:22-23  
Ephesians 1:7-10  
Hebrews 2:14-15  
1 John 3:8

Talking through the message during the week helps turn what God is saying into action steps.

## Questions – Talking Points

- Were there any parts that need more clarification? What stood out? What did you not understand? What did you see in a new light?
- What sort of things cause angst to rise up in you?
- What are you most afraid of? Why?

## Read Hebrews 2:14-15

- Have you noticed that every year seems to get shorter?
- Do you identify more with the idea of the *speeding train* or with the *grains of sand* running through your fingers?
- Do you look back at missed opportunities or possibilities?
  - Why do you think you do this?
  - Is it helpful?

[Jesus] *destroyed the Devil's hold on death and freed all who cower through life, scared to death of death.* **Hebrews 2:15** The Message

- Death & the process of decay was not part of God's original plan
- Jesus came to break the power of him who holds the power of death
- If we understand and internalize, not just believe in, the meaning of the resurrection, we can be completely free from all of those fears.
  - How do you respond to this text?
  - Do you grasp the real hope and life that is ours in Christ?
  - How does this truth affect how you face difficulties?
- What does John mean by **1 John 3:8**?
- In **Luke 12:22-31** Jesus tells us to seek first God's Kingdom.
  - What is God's Kingdom
  - What does it mean to seek it?
  - How do you seek it? How will you seek it this week?
  - What does this have to do with your fears and angst?
  - How does this help you overcome your fears and angst?
- In **Romans 8:22-23** Paul reminds us just as childbirth is only the beginning so the things we experience now are only beginnings. What do you think of what he says? What difference does it make?

## This Week

- Interact and reflect over the above questions
- Whenever you feel fear or a sense of angst this week, consciously turn it over to Jesus.

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