



# FULLNESS

**Key Texts**  
Colossians 2:8-13

Talking through the message during the week helps turn what God is saying into action steps. Get connected with some folks who will listen and dig into the word together.

## Jesus Creed

*Hear, O Israel, the Lord our God, the Lord is one.  
Love the Lord your God with all your heart and with all your soul  
and with all your mind and with all your strength.'  
The second is this: 'Love your neighbor as yourself.'  
There is no commandment greater than these."*

- Have you been reading, reciting, praying the Jesus Creed this week?

## Reflection Questions

While resurrection points towards a beautiful future, we are to live this resurrection in our daily lives now.

- What additional questions and comments do you have about the sermon and supporting texts?
- What makes it so difficult to believe that resurrection applies to our lives today?
- What are some practical ways in which we can live the resurrection today?

## 3 main truths

- 1 We are already complete in Christ.
  - But we have an enemy who tries to convince us that we are still empty.
  - Remind yourself that Jesus' fullness is your fullness.
  - Stop looking around for fullness and start thinking about the ways in which Jesus makes you full. Read **Philippians 4:8-9**.
- 2 Your sinful nature is already dead in Christ.
  - The enemy will try to make you think that your old nature is alive and that sin still has power over you. When you feel this way, remind yourself that when Jesus was buried, your old nature was buried with him. Nothing can make the grace of the cross reject you. When God looks at you, he sees his perfect son in whom you are made complete.
- 3 You already have resurrected life in Christ.
  - Satan wants us to believe that we won't be fully alive until we are in heaven, but Jesus died for us so that we could have life right now. This world is fallen, and our bodies are fallen with it. We age, get fat and die. We have to wait until the final resurrection for that to not be the case. But don't let that stop you from realizing that your spirit is already raised. Live that truth in our everyday lives.

Continue to read, recite, pray the Jesus Creed every day (maybe several times a day).

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