

## Check Up | OCC | 14 June 2020

A Spiritual Check-up | 14 June 2020 | pastor Michael Bells

### Matthew 22:37-40

*“Love the Lord your God with all your heart and with all your soul and with all your mind.” This is the first and greatest commandment. And the second is like it: “Love your neighbor as yourself.” All the Law and the Prophets hang on these two commandments.”*

***What sort of spiritual condition are you in?***

***How alive is your relationship with God?***

No short cut exists for a deeper spiritual life.  
The man [or woman] who would know God must give time to Him.  
~ A.W. Tozer

***Christian spirituality is not a static possession***

***Spirituality is a dynamic & every-developing growth  
toward wholeness, completeness in the image, the likeness of Jesus***

### Philippians 3:12-14

*Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.*

If we are on this journey, if we are pressing onward, then we understand spirituality...

- as an increasingly **faithful response** to God
- whose **grace** shapes our lives
- whose **power** sets us free from crippling bondages
- whose **transforming presence** meets us at every turn in the road

### Colossians 3:12-14

*as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity*

## HEART

### 1 Samuel 12:24

*But be sure to fear the Lord and faithfully serve him with all your **heart**. Think of all the wonderful things he has done for you.*

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### Proverbs 3:5-6

*Trust God from the bottom of your **heart**; don't try to figure out everything on your own. Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track.*

### SOUL

#### Psalm 35:9

*Then my **soul** will rejoice in the Lord and delight in his salvation.*

### Isaiah 61:10

*My **soul** is overwhelmed with joy in the Lord my God! For he has dressed me with the clothing of salvation and draped me in a robe of righteousness. I am like a bridegroom dressed for his wedding or a bride with her jewels.*

### MIND

#### Psalm 1:1-3

*Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.*

### 1 Corinthians 2:16

*Spiritually alive, we have access to everything God's Spirit is doing, and can't be judged by unspiritual critics. Isaiah's question, [40:13] "Is there anyone around who knows God's Spirit, anyone who knows what he is doing?" has been answered: Christ knows, and we have Christ's Spirit. [or as some translations put it: we have the **mind** of Christ]*

### NEIGHBOUR

#### Romans 13:10

*Love does no harm to a **neighbor**. Therefore love is the fulfillment of the law.*

### Philippians 2:3-5 The Voice

*Don't let selfishness and prideful agendas take over. Embrace true humility, and lift your heads to extend love to others. Get beyond yourselves and protecting your own interests; be sincere, and secure your **neighbors'** interests first. In other words, adopt the mind-set of Jesus the Anointed.*

### Are you increasingly becoming...

- a sharer in God's nature
- a reflector of his nature
- a sign-post or movie trailer pointing to the kingdom of God