

Lectio Divina Guide – Process

RIVETED BY JESUS IN HIS GLORY – Revelation 1:9-19

Hearing God’s voice with confidence takes practice.

A great way to learn is through Lectio Divina, a method of Scripture meditation developed by Benedict in the 6th century. We read the Bible passage 2 or 3 times, and then pray or journal quietly for a few minutes to help us listen to the Spirit. Each reading is guided by a focus question listed below.

Introduction to the Text

The Apostle John had the most tender and intimate relationship with Jesus of anyone. In his Gospel we learn that he identified himself as “*the disciple Jesus loves*” and he reclined with Jesus at the Last Supper and laid his head on his chest.

Yet, at the end of his life Jesus appears to him in a vision, shining forth like the sun in his divine glory, and John falls at his feet as though dead! But the Lord touches him lovingly and gives him courage. This begins the book of Revelation. Some want to turn this book into detailed predictions for the End Times, but clearly it’s about worshiping Jesus Christ, the Lamb, the Lord, the Judge, the Redeemer who will return to earth in bodily form to rule, the God-Man who wants to be in close relationship with us.

Revelation 1:9-19

I, John, your brother and companion in the suffering and kingdom and patient endurance that are ours in Jesus, was on the island of Patmos because of the word of God and the testimony of Jesus.

On the Lord’s Day I was in the Spirit, and I heard behind me a loud voice like a trumpet, which said: “Write on a scroll what you see and send it to the seven churches: to Ephesus, Smyrna, Pergamum, Thyatira, Sardis, Philadelphia and Laodicea.”

I turned around to see the voice that was speaking to me. And when I turned I saw seven golden lampstands, and among the lampstands was someone like a son of man, dressed in a robe reaching down to his feet and with a golden sash around his chest.

The hair on his head was white like wool, as white as snow, and his eyes were like blazing fire.

His feet were like bronze glowing in a furnace, and his voice was like the sound of rushing waters.

In his right hand he held seven stars, and coming out of his mouth was a sharp, double-edged sword.

His face was like the sun shining in all its brilliance.

When I saw him, I fell at his feet as though dead.

Then he placed his right hand on me and said: “Do not be afraid. I am the First and the Last. I am the Living One; I was dead, and now look, I am alive for ever and ever! And I hold the keys of death and Hades.

“Write, therefore, what you have seen, what is now and what will take place later” (NIV).

Prayer – Journaling prompts

- What is one word or phrase the Holy Spirit impresses on you?
In silence meditate on that.
- What do you feel?
What specific situation in your life today relates?
Write down a prayer or pray quietly.
- What is God’s personal invitation to you from the Scripture?
You can write down what the Lord may be saying to you or a prayer of thanks.
Or simply rest quietly in the Spirit’s presence.