

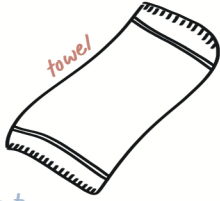
A JOURNEY THROUGH EASTER

Colour in the pictures!

Easter is a time when we remember that Jesus died for us, and rose to life again.

One helpful way to remember something is to use our senses as we reflect.

Let's go on a journey through the Easter story, and use our senses to help us reflect and remember what Jesus did for us.



TOUCH



SMELL



HEARING



SIGHT



TASTE



Washing the disciples feet

Find John 13:1-17 in your Bible and read it out loud

Verse 5 says: 'After that, he [Jesus] poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him.'

Imagine Jesus' putting your feet into the bowl of water after a long, hot day wearing sandals and getting dusty, dirty feet.

How do you think the water would feel on your skin?

Circle the words that describe how you think it would feel, or write down your own:

Refreshing Cold Uncomfortable Soothing Hot Ticklish Comfortable

Take a moment to take in your surroundings. What can you feel right now? Is it warm or cold where you are? Are you sitting on a soft or hard seat? Write down your thoughts here.

What do you think the towel felt like as Jesus dried the disciples feet? Soft or scratchy?

Here are some adjectives to do with touch - can you fill in the opposites?

Soft

Smooth

Hot

Sharp

Dry

Jesus washed his disciples feet as a sign to them that they were going to be 'made clean' from their sins by the work he was going to do on the cross. Next time you wash your hands, take a moment to think through this amazing work Jesus has done for us.