

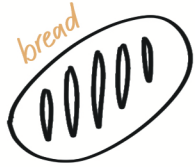
A JOURNEY THROUGH EASTER

Colour in
the pictures!

Easter is a time when we remember that Jesus died for us, and rose to life again.

One helpful way to remember something is to use our senses as we reflect.

Let's go on a journey through the Easter story, and use our senses to help us reflect and remember what Jesus did for us.



TOUCH



SMELL



HEARING



SIGHT



TASTE

the last supper



Find Mark 14:12-26 in your Bible and read it out loud

Verse 22 says: *'While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take it; this is my body."*

Take some bread and juice between you as a group and share it like the disciples do with Jesus in the story.

As you eat the bread and drink the juice write down how it tastes - is it sweet or sour?

A strong flavour or weak?

What does this make you think about Jesus? Write down any thoughts here:

What is your favourite food? What do you like about it so much? Draw a picture of your favourite meal here.

Remember a time when you have tasted something you really didn't like. What was it? What was the taste like? What does it make you feel like when you remember that taste?

Write it down here:

When we take communion as a way to remember Jesus death, often the sweet taste of the bread and wine can act as a reminder of the goodness of Jesus' sacrifice for us. Next time you eat your favourite meal, try to connect the enjoyment of the taste with the goodness of Jesus' love for you.