

A JOURNEY THROUGH EASTER

Colour in
the pictures!

Easter is a time when we remember that Jesus died for us, and rose to life again.

One helpful way to remember something is to use our senses as we reflect.

Let's go on a journey through the Easter story, and use our senses to help us reflect and remember what Jesus did for us.



TOUCH



SMELL



HEARING



SIGHT



TASTE



Gethsemane

Find Mark 14:32-42 in your Bible and read it out loud

Verse 32 says: 'They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray."'

Close your eyes and imagine you are sitting there with the disciples waiting for Jesus.

If you stood outside your house at night time, what noises might you hear?

Out in the garden of Gethsemane at night time, what sounds do you think the disciples could hear?
Write down some ideas here:

Take a moment to take in your surroundings. What can you hear right now? Is there anything in the distance? Loud or quiet? Make a list of every sound you can hear:

Listening Exercise: 'I went to the shop and I bought...'

The first person in the group says aloud: 'I went to the shop and I bought some apples', the next person in the group then adds their own idea beginning with B, so the sentence becomes 'I went to the shop and I bought some apples and bananas'. Go as far down the alphabet as you can, make sure you are listening out for what everybody says - you have to remember and say it aloud on your turn!

In the garden of Gethsemane, Jesus wanted his disciples to keep watch and listen out - instead there was only the sound of snoring as they fell asleep! In the quiet this evening before you go to sleep, take a moment to thank Jesus for his friendship.