

## 25 June 2023 | Michael Bells | The Land Between – 1

### Connect

- What is something you use to think was '*normal*' that you don't do anymore?
- What is something new in your life that you would like to be '*normal*' going forward?

### Engage

- Read **Exodus 16:1-18**
- Who was the grumbling of the Israelites originally directed towards?
- What seems to be one of the reasons the Israelites were grumbling?
- How did God respond to the Israelites?
- How would you describe this response?  
What does it show about God's character?

### Apply

- Do you feel like you are in '*the Land Between*' in your life or do you feel like you are in a '*promise land*' in your life?
- Where do you need to see God provide in your life?  
Consider writing out a prayer to God for this provision and consider how to release that to Jesus.
- How could the practice of meeting God in our everyday life and trials help us in '*the Land Between*'?

### Pray

- Spend a moment in silent rest and then pray this over your group:

May the peace of the Lord Christ go with you,  
wherever He may send you.

May He guide you through the wilderness,  
protect you through the storm.

May He bring you home rejoicing at the wonders He has shown you.

May He bring you home rejoicing once again into our doors.

\*Prayer is from the Book of Common Prayer.